



President's Letter

Curtis Robison, DNAP, CRNA

2020

This has been an unprecedented year for our state and the entire world as Covid-19 has swept its way through. I hope everyone has been able to stay safe and employed throughout this challenging time.

I can say with confidence that your MOANA board has not rested as we are constantly guarding and advocating for the profession that we all are passionate about. We have had some turnover on the board this year and there are many positions available this year and next for those interested. I encourage/challenge anyone who

is interested to please get involved as we are always looking for new blood and a fresh perspective.

I am staying on as president to see us through these trying times and will do whatever is necessary to ensure the success of MOANA. The board by itself can not do this without our members support. Whether that's showing up for meetings, contributing to our PAC, or just reading this article we really appreciate all that you do everyday for our great profession. Chris Black is putting together a great meeting we can do to get CEUs virtually and I hope everyone can participate.

Please don't hesitate to reach out with any questions or concerns you may have for myself or any member of the board as we are here at your service. Hopefully we can all get back to in person meetings starting next year. Until then everyone stay safe and I hope to see you all at the virtual meeting in October.



Note from the Treasurer

Scott Broughton, CRNA

As I sit here trying to provide a submission for this Fall's edition of the airway, I find myself at a loss for what to say.

I could try to recap the events so far this year and how they have impacted MoANA and the CRNAs of Missouri, but that task seems ridiculous in its enormity. I could try to outline what is coming up next for us, but if 2020 has taught me anything it is that we can only guess as to what is coming. And even then we better plan to be way wrong.

I could try to speculate about what the MSA are up to. They are seemingly up to something big. Their PAC is raising a lot of money from outside the state and from special interest groups for something. They have hired a new Executive Director who has family ties to a Missouri lobbying firm. It seems unlikely they are making these moves without some agenda. But there are better people to tap for opinions about this than I am for sure.

This has been a crazy year so far! I really hope you all are staying well and staying safe. This crazy time has got to pass. It will. Good things may come out of the chaos that we all are going through. I think if we work together, they will. This is MoANA's 75th year. Challenges have been faced head on since the beginning. This organization started with 15 members. We have grown to about 100 times that size now. More growth is coming. More challenges are coming. Hang in there. Help out where you can, when you can. We got this.



President
Curtis Robison
Rolla
president@moana.org

President Elect
Open
presidenelect@moana.org



Vice President
Joe Meyerott
Rolla
vicepresident@moana.org



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Denise Stuit
Kansas City
secretary@moana.org



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Scott Broughton
Columbia
treasurer@moana.org



Region I Director
Amy Brown
Kansas City
region1director@moana.org



Region II Director
Desiree Calbert
Springfield
region2director@moana.org



Region III Director
Ryan Ballard
Rolla
region3director@moana.org

The MoANA Board of Directors



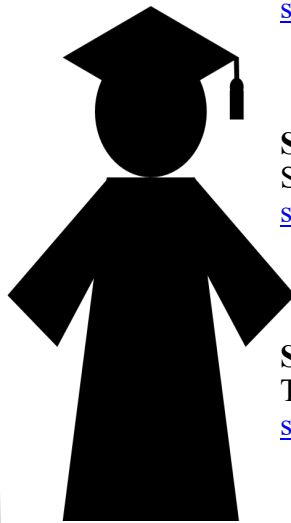
Interim Region IV Director
Isaac Callen
St. Louis
region4director@moana.org



Region V Director
Austyn Bell Isle
Columbia
region5director@moana.org

Thank you to Desiree Calbert and Isaac Callen whose terms are ending.

Student Board Intern—Barnes
Claira Sousa
studentrep@moana.org



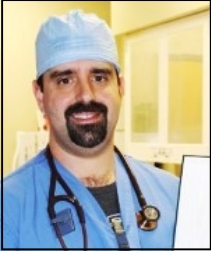
Student Board Intern—Truman
Savanna Hughes
studentrep@moana.org

Student Board Intern—Webster
Taylor Niedergerke
studentrep@moana.org

Student Board Intern—MSU
Sydney Steil
studentrep@moana.org

YOU ARE APPRECIATED!

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Corry Coopsman/Scott Broughton



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Committee Chair: Kristen Richter



Political Action Committee
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Committee Chair: Chuck Mix



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Committee Chair: Open



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Committee Chair: Austyn Belle Isle



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Committee Chair: Sallie Poepsel



Federal Political Director
Cassandra Decker
fpd@moana.org



State Reimbursement Specialist
Jeanie Skibiski
statereimbursement@moana.org





To Run for the MoANA Board of Directors!

Want to help your profession move forward? Want to make a difference? It is not always easy and you might be surprised by the issues and obstacles that face CRNAs. The MoANA Board's work is worthwhile and important. Consider running for an open office and be a part of the team working to make your profession the best it can be!

CONSENT TO SERVE MoANA'S 2021-2022 BOARD OF DIRECTORS

I would be willing to have my name submitted as a candidate for the office of:

- President* (1-year term):
- President-Elect* (1-year term):
- Vice President* (1-year term):
- Treasurer (2-year term):
- Director Region I (2-year term):
- Director Region III (2-year term):
- Director Region V (2-year term):

*Candidate must have previously served on the Board for 2 years.

Name:

Address:

City, State, Zip Code:

Cell Phone:

E-mail Address:

Signature: _____ Date:

Please e-mail completed form, current *Curriculum Vitae* (include previous offices and committee positions held), and a recent photo to:

ckemna@bardgett.net

Meet the 2020 Candidates

These candidates will take office immediately following the 2020 Fall Meeting on Oct. 24th
Let's get to know them!



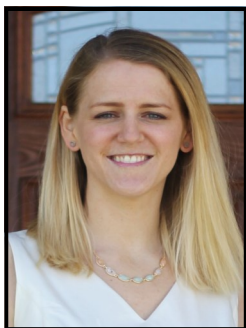
President
Curtis Robison, MS, CRNA, DNAP

Curtis graduated from the accelerated BSN program at St. Louis University in 2005 and received his Master of Science in Nurse Anesthesia from Webster University in Webster Groves, Missouri in 2011. He completed his DNAP from MSU in 2019. He is currently a free-lance CRNA. Curtis attends state and national meetings and is a strong advocate for the MoANA PAC. Curtis has served as Director of Region III, and is now seeking his second term as MoANA President.



President Elect
Cassandra Decker,

Cassandra obtained her BSN from Saint Luke's College of Nursing in Kansas City in 2002. She received her MA in Nurse Anesthesia from Truman Medical Center School of Nurse Anesthesia in 2008. Cassandra previously served in numerous board positions including MoANA President. She now serves as MoANA's Federal Political Director. Cassandra is currently working in Moberly, Missouri.



Vice President
Denise Stuit, DNP, CRNA

Denise Stuit attended St. Luke's College in Sioux City, IA, and received her ASN in 2007. She received her BSN in 2008 from Dordt College in Sioux City; and she received her DNP in Nurse Anesthesia from the University of Iowa in 2014. She is currently works at Truman Medical Center as a CRNA as well as a Clinical Professor. She has been a member of AANA since 2011 and has served as the Secretary of MoANA since 2018.



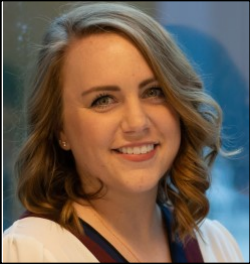
Secretary
Kristen Richter, CRNA, DNAP

Kristen has been MoANA's Government Relations Chair for the past four years. She graduated from Webster University in 2015 with her Master's in Nurse Anesthesia, then received her DNAP from MSU in 2017. She is employed at the University of Missouri Hospital in Columbia, MO.



**Region II Director
Kelly Riechers, DNP, CRNA**

Kelly graduated from the Missouri State University Nurse Anesthesia program in 2020. She works at Mercy Hospital in Lebanon, MO. Kelly has been an avid supporter of the AANA Foundation and served as a Student Liaison to the Foundation for MoANA.



**Region IV Director
Laura Kohler, DNAP, CRNA**

Laura graduated from Missouri State University and received her BSN in 2015. She attended Webster University and completed the DNP program and became a CRNA in May of 2020. She served as an AANA Student Representative on the Continuing Education Committee and assisted as an AANA Foundation Student Advocate.

VOLUNTEER TO SERVE ON MOANA'S COMMITTEES

Now is the time to get involved in **your** professional organization! Volunteer to serve on one or more committees of your choice for the 2017-2018 fiscal year. Your participation **can** make a difference in the future of your profession.

I would be willing to serve on the following committee(s):

- Continuing Education
- PAC
- Finance
- Government Relations
- Website
- Airway
- Public Relations
- Strategic Planning
- Wellness/Peer Advisor
- State Reimbursement
- Peer Audit

Name _____

Address _____

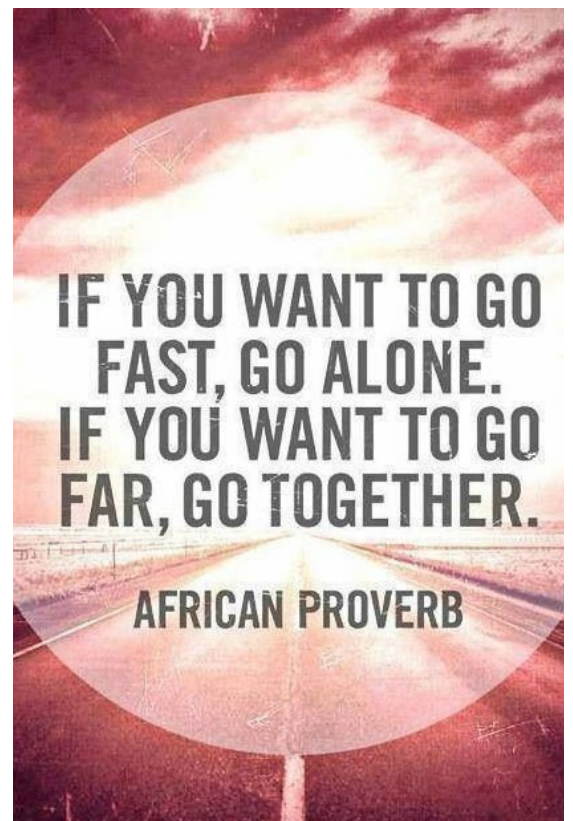
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Please send the completed form to:

ckemna@bardgett.net





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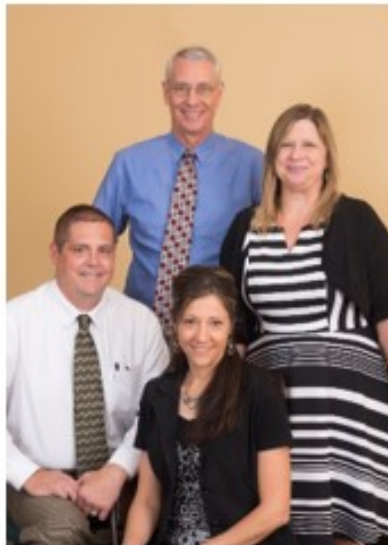
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CRNAs in Missouri and COVID practice waivers

Written by Jeanie Skibiski DNAP MHA CRNA in collaboration with Dr. Cynthia Aurentz and Jessica Willis MS. Missouri State University.

The year 2020 began as a notable year when Centers for Medicare and Medicaid Services (CMS) Secretary Alex Azar used his authority in the Public Health Service Act to declare a public health emergency due to the 2019 novel Coronavirus.¹

When President Trump declared a national emergency on March 13, 2020, CMS responded by imposing blanket waivers affecting many providers. This included waiving the requirements under 42 CFR §482.52(a)(5), §485.639(c) (2), and §416.42 (b)(2) that CRNAs work under the supervision of a physician². This left CRNA supervision to be at the discretion of the hospital and state law. Additionally, CMS waived the requirement for a Medicare patient to be under the care of a physician, so that advanced practitioners can assume patient care and practice under their full scope.

On March 18, 2020, Governor Parson signed Executive Order 20-14, which authorizes executive agencies to waive or suspend certain regulations or statutes, with approval from the Governor's Office, that interfere with the state's response to the spread of COVID-19. This allows agencies to request a waiver or suspension of regulations in an expedited process to help provide immediate health and safety relief. The waivers are still in effect and a complete list of the regulations may be found at: <https://pr.mo.gov/general-covid-19.asp>

At Missouri State University, we sought to discover what impact these waivers had on Missouri APRNs. A Qualtrics survey link was sent out by the Missouri Board of Nursing to all licensed APRNs. An overall response rate of >800 was further reduced to 670 complete and valid responses. Of these responses, 122 were CRNAs.

Here is a snapshot of those CRNAs that responded

	Minimum	Maximum	Mean
age	28	78	49.9
How long have you been an APRN? Years	1	36	9.9
How many patients do you provide care for in 1	0	300	75

Types of practice: What is your primary practice setting?

Inpatient	35
Ambulatory	17
Combination of ambulatory and inpatient	60
Education	1
Other	9

Which region do you practice in?

Northwest	4
Northeast	1
Kansas City Metro	22
Central	15
St Louis Metro	38
Southwest	15
Southeast	10
Entire state of Missouri	2
Outside of Missouri	12
Other	3

What type of community do your patients live in?

Mostly rural	30
Mostly urban	48
Suburban/exurban	40
Other	4

When asked about the impact of COVID on our work, 30 CRNAs indicated they had been furloughed from their primary employment. 48 (57%) said their work hours decreased.

CRNA work practices that changed in response to COVID (% of respondents)

Patient scheduling	33%
Infection control	44%
Prescriptive practices	1.6%

In Missouri, only those CRNAs who practice with a collaborative practice agreement were affected by the Missouri waivers. But it was of interest to see what the responses were to the questions about the impact of COVID.

When the CRNA respondents replied to the question, “Were you aware of the Governor’s practice authority waiver?”, 72 (59%) were aware. This is notable, since the practice waivers in Missouri did not affect the everyday practice of most CRNAs. Other states did enact waivers that affected CRNAs. States that suspended the in-person supervision requirement included Arizona, Connecticut, Pennsylvania, and Michigan among others.

In response to the question “Where did you first learn about Executive Order 20-04?”, 27% (33) CRNAs indicated their professional organization, and 20% (24) by social media. This points out a weakness in our dissemination of practice information. In the face of a pandemic when systems are stressed, there needs to be a reliable and authoritative source for practice information.

Finally, in an optional question, 83 respondents or 68% indicated that they were members of MoANA. This indicates that our sample had a lower proportion of AANA/MoANA members than the national average. Previous studies have indicated that Missouri’s non-member percentage = 14% of CRNAs in the state. ³

Missouri CRNAs were not able to experience waivers of supervision requirement, as in some states. Some of our Missouri APRN colleagues were able to change their practices and we are analyzing our data to quantify that effect. Missouri CRNAs continue to provide cost-effective care and we continue to seek ways to shine a light on our value.

References

1. Current Emergencies. <https://www.cms.gov/About-CMS/Agency-Information/Emergency/EPRO/Current-Emergencies/Current-Emergencies-page>. Accessed Sept 1,2020
2. COVID Brief. *Missouri State Board of Nursing Bulletin*. August,September, October 2020. Page 5
3. Farina CA. Exploring Strategies to Increase and Sustain Membership in the American Association of Nurse Anesthetists. *AANA journal*. 2016 Dec 1;84(6).



2020 MoANA Virtual Fall Meeting Agenda—October 24, 2020

0745-0800: Welcome message from President Curtis Robison, DNAP, CRNA; and CE Chair Chris Black, DNAP, CRNA

0800-1000: Mike Burns, DNAP, CRNA

1. Anesthetic Management of the Patient with Pulmonary Disease

- o Discuss preoperative evaluation of testing for patients with coexisting pulmonary disease.
- o Discuss intraoperative management strategies to care for the patient with coexisting pulmonary disease.

2. Anesthesia Update: Perioperative care of the Cancer Patient.

- o Discuss physiologic changes associated with cancer and treatments of cancer.
- o Discuss if perioperative management alters morbidity and mortality of the cancer patient.

1000-1100 Billy Albertson, MS, CRNA

3. Anesthesia Update: Central Access Perils and Complications

- o Review indications and contraindication for placement of central access.
- o Review best practice guidelines for placement of central access.
- o Discuss management for complications associated with central access.

1100-1200: Leah M. Baecht, DNP, CRNA-APRN, CCRN

4. Sub-Anesthetic Ketamine Infusion for Pain Management of the Opioid Tolerant Postpartum Patient

- o Examine the opioid epidemic as related to the OB patient.
- o Describe the adverse outcomes associated with opioid use during pregnancy.
- o Consider the indications of therapeutic uses of ketamine in the OB patient.

1200-1300: Crystal Maltsbarger, BSN, RRNA. Lyssa Hill, BSN, RRNA. Austin Brashers, BSN, RRNA. Justin Layton, BSN, RRNA

5. Enhancing the Learning Environment.

- o Identify learning barriers to RRNAs in the clinical setting.
- o Discuss and describe strategies to improve RRNA the learning environment in the clinical setting.

1300-1400: **MoANA Membership Business Meeting**

Cancellation Policy: A full refund will be given if written notification is received at least three business days prior to the scheduled meeting. From that date until seven business days following the meeting, a 50% refund will be given upon written request. After the seven-day period, no refunds will be given. Registration fees cannot be credited toward future meetings.

Here is the link to register: <https://www.eventbrite.com/e/moana-virtual-fall-meeting-via-zoom-registration-123485649903>

The price is only \$100 if you donate to the PAC; or \$125 if you register with MoANA like usual.

IN ORDER TO EARN CE, YOU MUST BE REGISTERED. If you register, I will send you an evaluation link as the evaluation must also be completed in order to receive CE.

Here is the link to join:

Topic: 2020 MoANA Virtual Fall Meeting

Time: Oct 24, 2020 07:30 AM Central Time (US and Canada) – Business Meeting begins at 1:00 p.m.

Join Zoom Meeting

<https://us02web.zoom.us/j/7692612633?pwd=VFhpT0kxaWlhN2RFTXhLMTRZSTV0QT09>

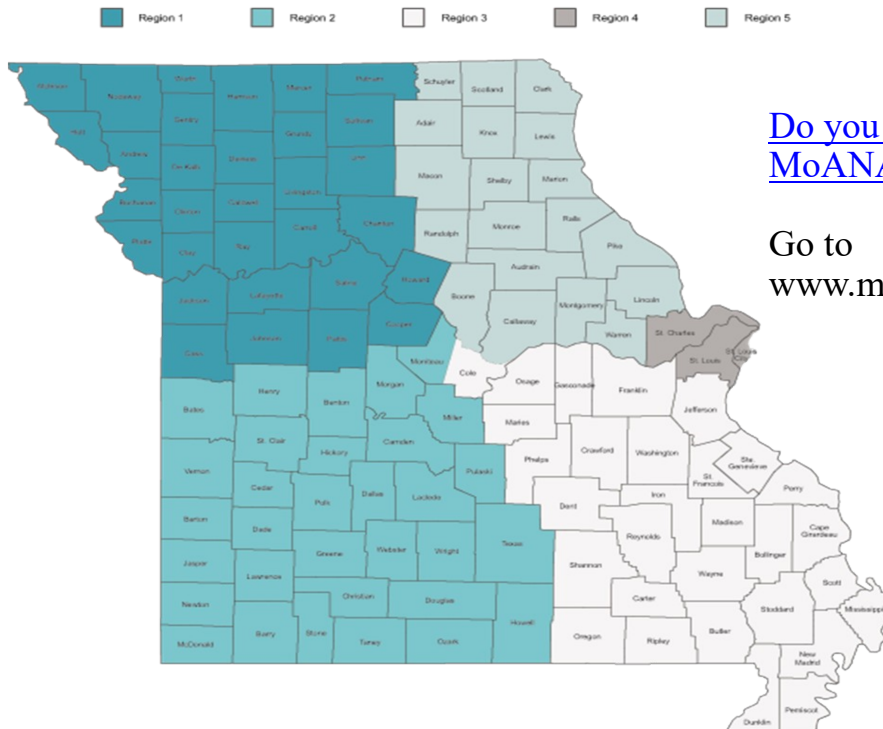
Meeting ID: 769 261 2633

Passcode: 101820

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Thank you for supporting our Spring '19 Meeting!
Be sure to check out our vendors and sponsors at the Fall '19 Meeting.
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CRNAs!***



[Do you know your MoANA Region?](#)

Go to www.moana.org



Quincy Anesthesia Associates, based out of Quincy, IL is expanding our group by due to added surgical volumes and CRNA shifts.

QAA is offering earnings that eclipse the 90th percentile for compensation as measured by the 2019 AANA salary survey.

QAA is seeking additional CRNAs to increase the staff to a twenty-seven-provider practice that serves the Blessing Hospital operating rooms and the surgical center.

QAA offers:

- [A collegial environment with outstanding surgeons and staff.](#)
- A comprehensive benefit plan valued at \$50,000 which includes **Family** health insurance, employer contribution to retirement, and all insurances.
- CRNAs in our group exceed the **90th Percentile** for income.
- Our CRNAs enjoy 40 days off combined vacation and holidays.
- Quincy, IL has been twice selected as an "All American City" and a Forbes top 10 small city based upon quality of life considerations: schools, low crime rates and low cost of living.

We invite you to investigate the rewards of working and living in Quincy.

Our family-oriented city offers recreational activities for all, including sports, dance, fine arts, museums, and all types of outdoor fun! Education in Quincy is highly valued, and we have 2 collegiate opportunities in town including a nursing school.

For additional information on this outstanding career opportunity, please contact our practice consultant, Mr. Gene Corbett at 636-288-4003 or by email at Gene.Corbett@iCloud.com.

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In the News

News about National CRNA Week and the many activities going on around the country are posted [during National CRNA Week](#).

Be sure to follow AANA on:

[Facebook](#)

[Twitter](#)

[LinkedIn](#)

[Instagram](#)

PLAN AHEAD: National CRNA Week 2021

National CRNA Week is the AANA's annual celebration of anesthesia patient safety and the nation's 49,000+ Certified Registered Nurse Anesthetists and student registered nurse anesthetists who safely and cost-effectively provide approximately 40 million anesthetics each year. Known as National Nurse Anesthetists Week as recently as 2014, the new name for this popular event helps patients, hospital administrators, healthcare professionals, policy-makers, and others become more familiar with the CRNA credential and the exceptional advanced practice registered nurses who have earned it.

The next National CRNA Week is
January 24-30, 2020

IMPORTANT TAX INFORMATION



Please know that \$80 of your MoANA state membership dues is used for lobbying/political purposes and is not tax deductible.



JOIN OUR TEAM!

BEST HOSPITALS
A WORLD REPORT
USNews
NATIONAL
RANKED IN 6 SPECIALTIES
2020-21

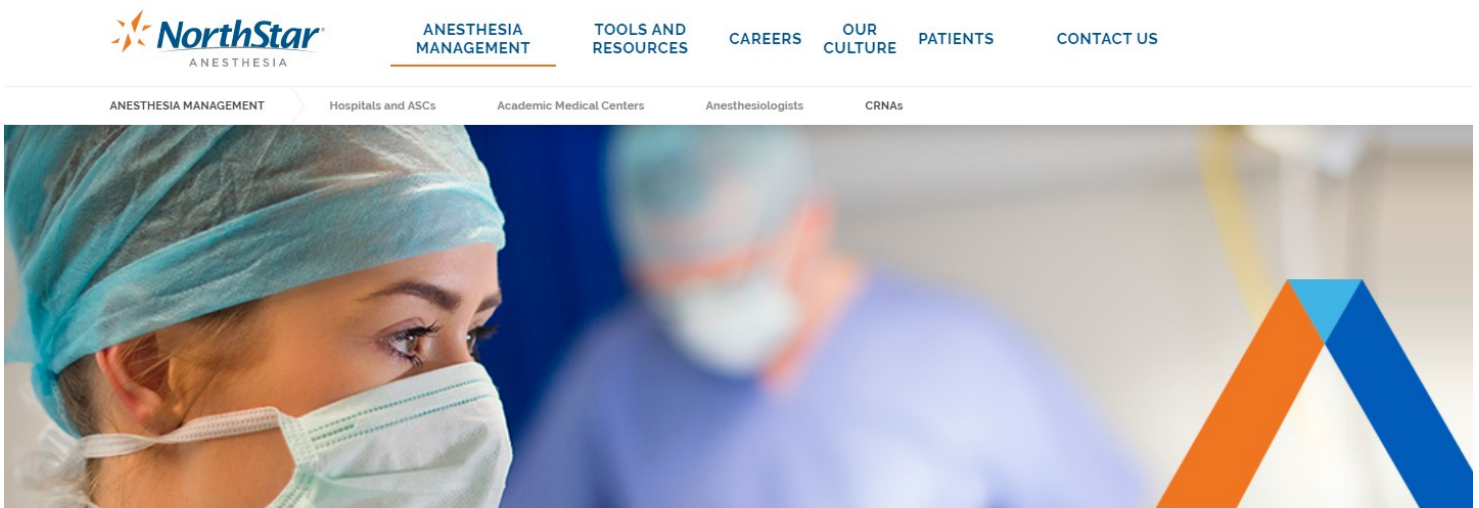
Updated benefits package

- Generous salary for new graduates
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- Competitive PTO offerings
- Notable retirement plan

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COMMUNICATIONS FROM SCHOOLS OF NURSE ANESTHESIA



BARNES-JEWISH COLLEGE

Goldfarb School of Nursing at Barnes-Jewish College, St. Louis, MO

Bernadette Henrichs, PhD, CRNA, CCRN

Director, Nurse Anesthesia Program



This has been a challenging year for the nurse anesthesia students everywhere! Our students got pulled from their clinical experiences in the OR the evening of March 18. It was a very stressful time, not only for the students, but for the faculty and staff. The Class of 2020 were able to start back into the OR in early May and the juniors started back in June. The Class of 2021 carried a heavier didactic load in the summer and are now carrying a heavier clinical load this fall. I think everyone is hoping and praying that they can continue to remain in the OR and get their required cases despite the presence of the coronavirus. The classroom now looks different with everyone wearing a mask and practicing social distancing!

The students were unable to travel to San Diego for the Nurse Anesthesia Annual Congress which was an unfortunate time for them. However, two of our seniors presented their posters virtually during the AANA Foundation's State of the Science poster presentations. **Elvira Sayfutdinova** presented on "*Intraoperative esmolol and reduced opioid requirements*" and **Emily Imhoff** presented on "*Airway management in the setting of oropharyngeal contamination with blood or vomitus*". They also both received AANA Foundation scholarships.

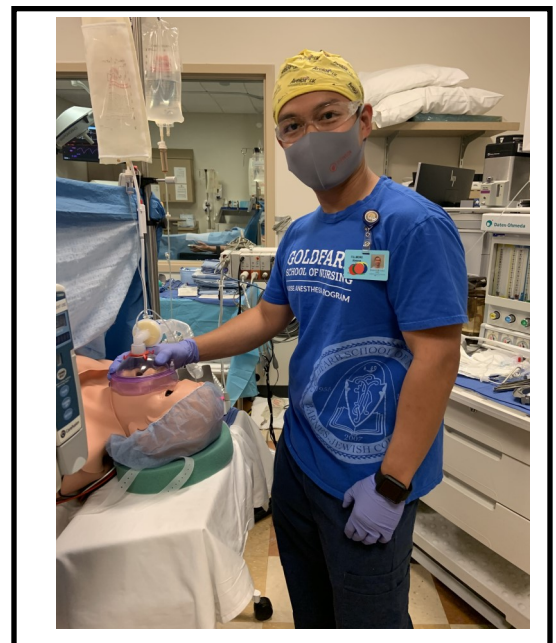
Despite the coronavirus continuing to lurk in our presence, the fall season always brings excitement as I feel it is the best time of year! The weather is beautiful and the temperature is perfect. Our program is buzzing with activity. The Class of 2022 started their clinical rotations at the Center for Preoperative Assessment and Planning this past September. They will shadow their classmates before them in the OR in November and December, and will start routinely in the OR in the spring. The class of 2022 includes: **Frank Bougher, Emily Davenport, Bethany Geisler, Frank Graham, Christine Johnson, Mallory Light, Katherine Mette, Hunter Niemeyer, Britni Tharp and Ben Thomas.**

The class of 2023 has been selected and will start in January, 2021. Interviews for the class of 2024 will be held in April.

Graduation for the Class of 2020 will be held on Saturday, December 19, 2020. The morning ceremony will be held at 9:30 am. It was supposed to be held at the Powell Symphony Hall in St. Louis but will now be a virtual event. At 2:00 pm, the Nurse Anesthesia Program will hold its ceremony which is normally held at the College but will also be a virtual event. Those graduating include: **Joseph Balassi, Mathew Gielow, Emily Imhoff, Khatera Najrabi, Adrienne Nations, Elvira Sayfutdinova, Lindsey Schurter and Brandon Ufert. Congratulations to the soon-to-be CRNAs!**

Below:

Class of 2021 in the classroom with masks and practicing social distancing



Fillmore Almiron in the simulated OR.



MISSOURI STATE SCHOOL OF ANESTHESIA
Missouri State School of Anesthesia, Springfield, MO
Program Director: Monika Feeney, DNAP, MS, CRNA



In Whats new at MSU?

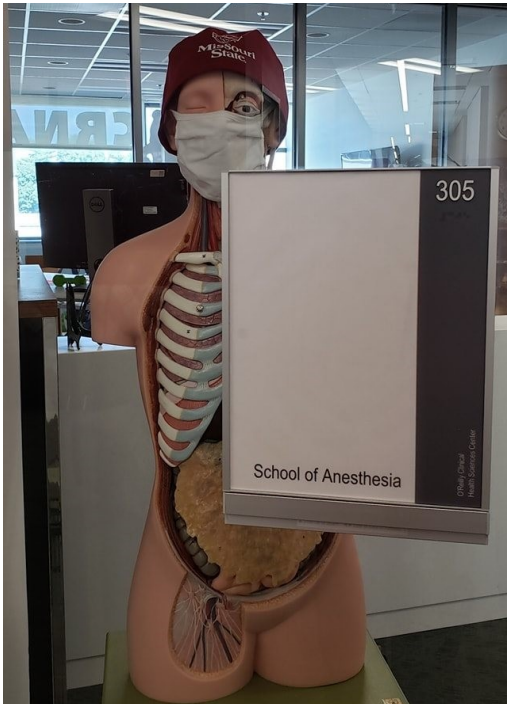
Our 24 new students made it through a COVID summer, we welcome them! All students have returned to clinical, no sites are closed. We are currently doing in person classes, with many of the University classes transitioning to hybrid (half seated and half distance). Our plan for the Spring currently is to be seated for all classes again.

Junior report: We participated in a “drive through” white coat ceremony, with a drive through dinner at a local restaurant, Ocean Zen. Scholarly work is underway, stay tuned for some interesting projects! Seniors are feeling a little pressure of May graduation being just around the corner and they are diligently studying! Since May graduation was postponed, the University is having an “in person” graduation Sunday October 18th for all May and August graduates.

Onward and upward!

Right: Masks—they’re not just for hospitals and Halloween anymore. They are the standard look for 2020

Below: We are back on campus and EVERY-ONE is practicing social distancing.



Right—October 18, 2020: Our May and August grads get to walk!! Congratulations!!



WEBSTER UNIVERSITY
Webster University Nurse Anesthesia Program, St. Louis, MO
Assistant Program Director: Jill Stulce, PhD, CRNA

Hello from Webster University!

Although classes and campus life look different this year, Webster University is still committed to the health and safety of our students, faculty, and staff.

We are off to a busy start!

Some things **have changed.**



Social distancing

Face masks



Below: Marti Steed, Matt Cummins, Vicki Coopmans, and Jill Stulce



Above: Webster CRNAs celebrate graduation.



Left: FY 2020 Student Representative to the AANA Continuing Education Committee
 Laura Kohler, BSN, RN is NOW Laura Kohler, DNAP, CRNA. She will soon begin her term as MoANA Region IV Director.



TRUMAN MEDICAL CENTER HOSPITAL HILL SCHOOL OF NURSE ANESTHESIA

Kansas City, MO
Program Director: Kelli Pryor, CRNA, DNP

Teaching and learning in a global pandemic has brought both challenges and opportunities. During this crisis, our faculty and SRNAs have shown tremendous innovation and resilience. I think that it will be encouraging for you to see some of the work being done here at TMC-HH SONA.

At the outset of the pandemic in March, SRNA clinical anesthesia rotations were suspended for a period of seven weeks. Fortunately, our 3rd-year SRNAs had already met all their requirements for graduation. As such, we worked to get approval for the Class of 2020 to graduate two weeks early on May 1, 2020. To celebrate the 17 graduates, we created a Drive-By Graduation Parade. On, May 17, 2020, graduates decorated their cars, donned caps and gowns, and drove up to receive their diplomas. This unique event made the local evening news!

Another first for our program: on September 19, 2020, we hosted our 23rd-Annual Fall Anesthesia Conference in a live, virtual format using Zoom. We had over 100 CRNAs and SRNAs participate in the conference from the safety of their homes. We have also had to transition other program events such as new student orientation and prospective student interviews to virtual formats.

Our SRNAs returned to clinical anesthesia rotations in May 2020. Our SRNAs have not been on the sidelines, rather they have been part of the response. They have learned so much about how to respond to this pandemic and provide new levels of anesthesia care. Faculty have adapted their curricula to integrate technology and support SRNA learning outside of the traditional classroom.

TMC-HH SONA is proud to announce that faculty, Sara Myers, DNP, CRNA, was selected to be the NBCRNA Emerging Leader

Fellow for FY21. Lead simulation education faculty, Kaleena Swingle-Bauck, DNAP, CRNA became a Certified Healthcare Simulation Educator (CHSE).

Thank you to our clinical site coordinators and clinical preceptors across the state who are teaching our SRNAs amid this crisis. I enjoy hearing from alumni and friends of TMC-HH SONA. I can be reached at kelli.pryor@tmcmed.org.

Left—A Sign of the Times: Graduates were celebrated in a drive-by Graduation Parade.



Above: Safe celebrating. Graduation looked different, but it was still a time to celebrate the hard work that students put in to achieve their goals.



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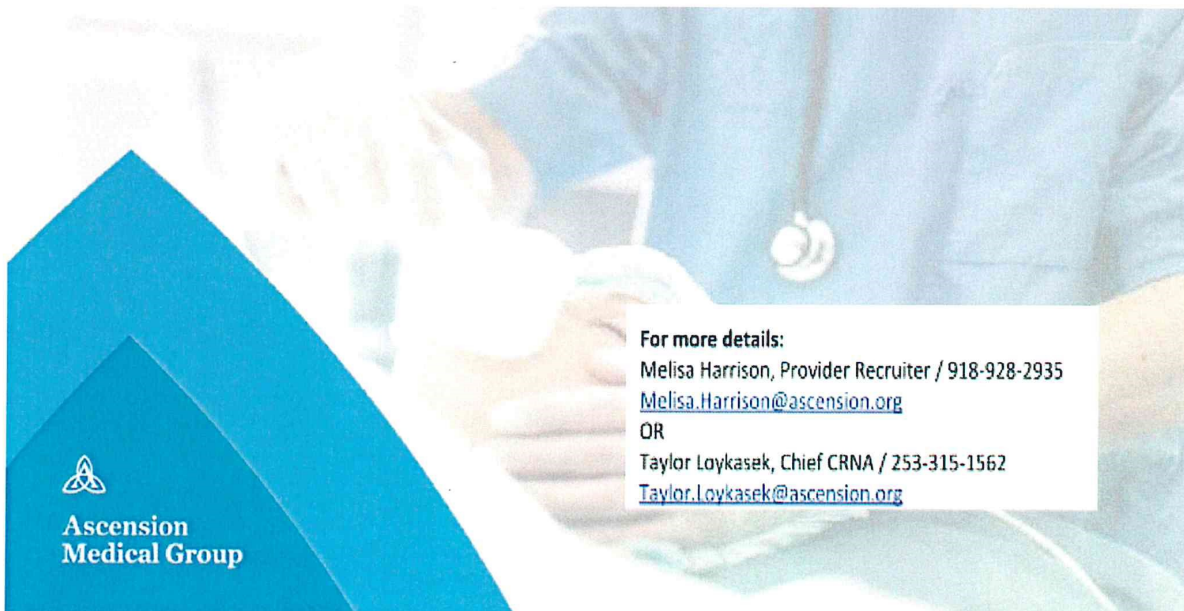
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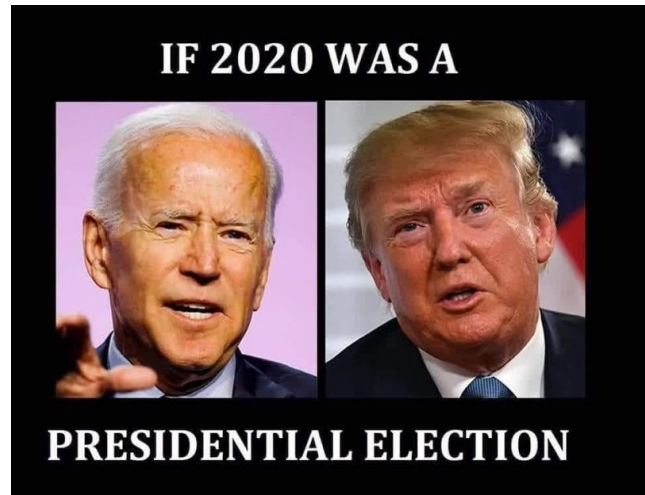
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