

#### Fall Edition

2018



## President's Letter Jean Covillo, CRNA 2017-2018

Hello MoANA Members!

As I write this, I can hear the thunder and lightning crashing outside my window as the fall storms begin to wind up and it reminds me of the speed in which our year together has thundered on by me. It feels like a mere snap of the fingers or a blink of an eye that I nervously took the gavel from Terry Martin last year ...where did it go? What have we accomplished and what does the future have in store? I am sure this is not a new sentiment to presidents of the past. It is a good opportunity to reflect on our accomplishments as an association while thinking about new goals.

When I took office as president my goals were simple, "make Missouri great again." You know I am kidding! But seriously, I wanted to keep our message simple: 1.) Show Missouri who we are; and get CRNA brand awareness out there.

What have we accomplished and what does the future have in store?

THE AIRWAY

Along with brand awareness I added four more priorities; 2.) Maintain a strong defense of our practice by monitoring and interceding when damaging legislation seeking to minimize CRNA scope of practice is presented , 3.) Set MoANA up as the "go to" expert resource for the public, fellow CRNAs, and Hospitals/ASCs when practice issues arise. 4.) Continue to Promote the Education Chair to facilitate powerful educational opportunities through our twice-yearly conferences. 5.) Raise our PAC dollars and promote CRNA-friendly candidates in the upcoming elections.

#### 1.) CRNA Brand Awareness:

This year, PR Chair Austyn Belle Isle and our Board of Directors worked hard to increase public awareness of CRNAs through various PR initiatives. We have created short videos currently displayed at the Hy-Vee gas pumps telling others who we are, other videos shared on social media, and have commenced a program to adopt a highway and start a billboard campaign all to increase our public's awareness of who we are and why we are a crucial participant in the health care arena.

#### 2.) Defense—Monitoring Legislation:

This year there were many bills brought forward that, if successful, would have limited Missouri CRNA practice. Our board, our lobbyists, our attorneys, and the AANA reviewed literally hundreds of bills and intervened repeatedly at critical junctures to prevent these bills from passing. This is a critical aspect of our association and cannot be overlooked.

Oftentimes we hear criticism that we aren't advancing our own legislation. However, we can't lose sight of the fact that our profession is constantly under threat every session by the introduction of new bills. It can be as simple as a paragraph that is snuck into another bill seconds before a vote and voted "do pass" before the blink of an eye. This requires constant monitoring by our board and our lobbyists who have done a fine job this year. We have heard that next year may bring new tactics from the Board of Healing Arts relating to potential regulations they would like to see imposed on pain clinics, some of which would require these clinics to be owned in part by a physician. All of these threats will be monitored closely and dealt with as they arise.

#### 3.) MoANA as the Expert Resource:

Over the past few years, we have worked diligently to update our website and make it more responsive to the needs of the public. Facility directors, Hospital Administrators and CRNAs are now visiting and being directed to the site for important information regarding the CRNA scope of practice. Links have been created to get you quickly to the state statutes, rules and regulations, and the nurse practice act as well as the federal requirements through links to CMS rules and regulations. Administrators and CRNAs have been calling upon our Association for answers to practice issue questions and we have been there with the answers and solutions. MoANA is the Expert Resource for any question you might have and this valuable resource is included as part of being a member.

MoANA has obtained formalized legal opinions regarding CRNA scope of practice; interpretation of Missouri statutes and regulations concerning CRNAs working in Hospitals and ASCs. In addition, legal opinions regarding CRNAs working with podiatrists in ASCs have been made available for referral and use when need in private practice. All of these opinions are available to the membership free of charge.

BNDD Issue: MoANA has provided examples of protocols that can be individualized for controlled substance administration when CRNAs are providing anesthesia services while working in non-medically directed settings.

#### 4.) Relevant Continuing Education:

Our Continuing Education Chair, Chris Black, continues to amaze us all with his ability to facilitate excellent conference material that is relevant to our practice and worth attending by the membership. Not only do these conferences provide important, current information but they are a powerful source of funding to the MoANA. This is an incredible amount of work, and many CRNAs have dedicated countless hours to provide education for the membership—some on a volunteer basis. I can't thank them enough.

#### 5.) Raising PAC Dollars and Promotion of Electoral Candidates:

This year I am especially proud of our board, and our PAC Chair Angela Delaria for stepping up and coming up with fun ideas to raise funds. Many different events were planned and still to come including the Regional PAC challenge. I am especially proud of the member CRNAs who have donated funds this year. If you haven't already done so, please take the time to donate online. Every donation matters and we need every dollar to promote and defend our practice. https://www.moana.org/pac/

Again, this has been an incredibly productive year and I am grateful for the opportunity to serve. MoANA has a lot left to do and really needs your help. So please take a moment and reflect on what MoANA has done for you and consider donating your time back by running for an elected position or volunteering for a committee, helping with the conferences, etc. The profession needs your perspective. In the meantime, I will see you at the upcoming Fall Meeting in St. Louis, October 19-21. <u>https://www.moana.org/events/</u>





President Jean Covillo Parkville president@moana.org



Past President Terry Martin Bolivar pastpresident@moana.org



President Elect Mike Nichols Columbia presidentelect@moana.org





**Region IV Director** Mike Mueller St. Louis region4director@moana.org

region3director@moana.org

**Region III Director** 

Joe Meyerott

Springfield



Region V Director Heather Lobough Columbia region5director@moana.org



Vice President Curtis Robison Rolla vicepresident @moana.org



AANA Region 4 Director Sallie Poepsel aanaregion4director@moana.org



Secretary Denise Stuit Kansas City secretary@moana.org



Student Board Intern—Barnes Brad Uding studentrep@moana.org

Student Board Intern—Truman Samantha McDonnell studentrep@moana.org

**Student Board Intern—Webster** Rita Duke <u>studentrep@moana.org</u>

Student Board Intern—MSU Morgan Gilkerson studentrep@moana.org





Treasurer Corry Coopmans Wildwood treasurer@moana.org



Region I Director Mitch Simmons Kansas City region1director@moana.org



Region II Director Desiree Mauppins Springfield region2director@moana.org

## MoANA COMMITTEE CHAIRS 2017-2018



Continuing Education <u>continuingeducation@moana.org</u> Committee Chair: Chris Black



**Peer Review Audit Committee** <u>peerreview@moana.org</u> Committee Chair: Debra Finkenwirth

> Public Relations <u>pr@moana.org</u> Committee Chair: Austyn Belle Isle





Gov. Relations govrelations@moana.org Committee Chair: Kristen Richter



Student Leadership studentleadership@moana.org Committee Chair: Corry Coopmans

ommittee Chair: Kristen Richter

Internet/Website internet@moana.org Committee Chair: Jean Covillo



Director of AANA Region IV

Ad Hoc Rural CRNA Committee rural@moana.org Committee Chair: Sallie Poepsel





Nominating nominating@moana.org Committee Chair: Terry Martin

Political Action Committee pac@moana.org Committee Chair: Angela Delaria



**Peer Assistance & Wellness Committee** <u>peer@moana.org</u> Committee Co-Chair: Mary Kay Bader

Committee Co-Chair: Elisa Oetting



Federal Political Director Cassandra Decker fpd@moana.org

State Reimbursement Specialist Chair Sheila Ray statereimbursement@moana.org





## Meet the 2018 Candidates

Greetings MoANA members,

Please see your 2018 slate of candidates below. We appreciate the willingness of all of these candidates to serve and help protect and advance the practice of nurse anesthesia in Missouri.

Thanks for all you do.

Jean Covillo, CRNA, MA, APRN MoANA President



#### President Elect Curtis Robison, DNAP, MS, CRNA

Curtis Robison graduated from the accelerated BSN program at St. Louis University in 2005 and received his Master of Science in Nurse Anesthesia from Webster University in Webster Groves, Missouri in 2011. He then accepted a CRNA position through Washington University at Barnes-Jewish and enjoyed providing anesthesia for traumas and a variety of team approach cases. The vast experience gained at this Level One Trauma Center afforded him the ability and confidence to become a rural health care nurse anesthesia provider at Phelps County Regional Medical Center in Rolla, Missouri in 2012, where he is currently employed. Curtis attends state and national meetings and is a strong advocate for the MoANA PAC. He completed his DNAP at Missouri State University in December '17. Curtis has served as Director of Region III and MoANA Vice President.



#### Vice President Scott Broughton, MS, CRNA

Scott Broughton received his diploma from Burge School of Nursing in 1994. He graduated Cum Laude with his BSN from Southwest Missouri State University and with his MS in Nurse Anesthesia from Missouri State University in May of 2009.

Scott is employed by MAAC at Boone Hospital in Columbia. He previously served as the Student Liaison, Director for Region V, and MoANA Treasurer.



#### Secretary Denise Stuit, DNP, CRNA

Denise Stuit attended St. Luke's College in Sioux City, IA, and received her ASN in 2007. She received her BSN in 2008 from Dordt College in Sioux City; and she received her DNP in Nurse Anesthesia from the University of Iowa in 2014. She works at Truman Medical Center as a CRNA as well as a Clinical Professor. Denise currently serves on the University of Missouri—Kansas City IRB Board, the Truman Medical Center Curriculum Committee, and the Truman Medical Center Education Committee. She has been a member of AANA since 2011.



#### Treasurer Corry Coopmans, MS, CRNA

Corry Coopmans, CRNA, received his BS in Nursing from the University of Missouri—Columbia in 1992. He graduated from the University of Kansas Nurse Anesthesiology Program in 1996. Corry currently works as a CRNA at Ste. Genevieve County Memorial Hospital. Corry has served as a member of the Wellness Committee and has been selected twice to be a lecturer for MOANA continuing education conferences.

Corry most recently served as Region IV Director and currently serves as MoANA Treasurer. He is seeking a 2nd term.



#### Region II Desiree Mauppins, MS, CRNA

Desiree Mauppins graduated in 2001 from the University of Central Arkansas with her Bachelors degree in nursing. After working as a Registered Nurse until 2014, she entered graduate school at Missouri State University where she went on to receive her Masters Degree in Nurse Anesthesia in 2016. Desiree's commitment is apparent by her abundant involvement and contributions to nurse anesthesia. Desiree was an active member of the inaugural group of the AANA Foundation Students Advocates in FY18. Mauppins currently serves as MoANA's Region II Director (she is completing a vacated term.) She is running for a full term.



### Region IV Tonya Porshinsky, MSN, CRNA

Tonya grew up in Toledo, Ohio and acquired her Bachelors of Science in Nursing from Bowling Green University. Before graduate school, she held nursing positions in orthopedics, cardiac ICU, and neuro ICU. She graduated from the Rush University Nurse Anesthesia program in 2007. Since graduation she has specialized in pediatric anesthesia. Since 2012, Tonya has resided in St Louis. She works at DePaul Medical Center. Tonya is certified by the National Board of Certification and Recertification of Nurse Anesthetists.

Tonya enjoys spending time with her family and friends. Her favorite activities include traveling, playing tennis, and reading.

## Want to run for a board position or serve on a committee? Let us know you are interested!

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JOIN THE TEAM! '19 CONSENT TO SERVE MOANA'S 2018-2019 BOARD OF DIRECTORS I would be willing to have my name submitted as a candidate for the office of: President-Elect * (1 year term) Vice President* (1 year term) Director Region I (2 year term) Director Region IIII (2 year term)	VOLUNTEER TO SERVE ON MOANA'S COMMITTEES Now is the time to get involved in <b>your</b> professional organi- zation! Volunteer to serve on one or more committees of your choice for the 2018-2019 fiscal year. Your participa- tion <b>can</b> make a difference in the future of your profession. I would be willing to serve on the following committee(s):		
Director Region IIII (2 year term) Director Region V (2 year term) *Candidate must have previously served on the Board of Directors for 2 years Name Address City, State, Zip Code Home Phone E-mail Address	Continuing Education          PAC          Finance          Nominating          Government Relations          Website          Public Relations          Pain Specialist          Wellness/Peer Advisor          State Reimbursement         Peer Audit       Peer Audit		
Signature/Date Please send this completed form, current <i>Curriculum</i> <i>Vitae</i> (include previous offices and committee posi- tions held), and a recent photo or e-mail a digital pho- to to: ckemna@bardgett.net	Name         Address         City, State, Zip Code         Home Phone         E-mail Address         Please send the completed form to:         ckemna@bardgett.net		

## **STRENGTH IN NUMBERS**

Founded in 1931, the American Association of Nurse Anesthetists (AANA) is the professional association representing more than 52,000 Certified Registered Nurse Anesthetists (CRNAs) and student registered nurse anesthetists nation-wide. The AANA promulgates education and practice standards and guidelines, and affords consultation to both private and governmental entities regarding nurse anesthetists and their practice. The AANA Foundation supports the profession by awarding education and research grants to students, faculty and practicing CRNAs. More than 90 percent of the nation's nurse anesthetists are members of AANA.



About your Region: AANA divides the states into 7 geographic regions. Missouri is part of Region 4. MoANA member Sallie Poepsel, currently serves as Director of AANA Region 4, and represents the interests of CRNAs throughout the Midwest.





## Vice President's Report Curtis Robison

It's hard to believe how fast this summer has flown by us. There's much to do in our organization before the Fall MoANA meeting in St Louis. The board just completed the summer board planning meeting at the Lake last month. This is what we do every year to advocate on your behalf, setting plans for the next year, and determining how to implement what is necessary to achieve the goals of MoANA members.

Myself and many board members will be attending the annual congress in Boston, MA as we represent MoANA. The Fall elections are here and new board positions will be voted in for the 2018-19 year.

It has been a whirlwind of a year in state politics with the primaries just finishing as we almost have a whole turnover of representatives and senators to educate on our profession after the November elections are complete. I look forward to finishing my year as Vice President and running for your next President Elect position on the board. Hope to see you all at the upcoming meetings this Fall!

Thank you again!



## **IMPORTANT UPCOMING EVENTS**

AANA Annual Congress September 21-25, 2018 Hynes Convention Center Boston, MA

> MOANA Fall Meeting October 19-21, 2018 St. Louis, MO

New! AANA Practice Leadership Assembly November 9-11, 2018 Rosemont, IL AANA State Leadership Workshop November 3-4, 2018 Atlanta, GA

> AANA Mid-Year Assembly April 6-10, 2019 Washington, D.C.

MOANA Spring Meeting April 26-28, 2019 Springfield, MO

Articles and Ads Due for the Fall Edition of THE AIRWAY February 3, 2019

# Meet Us In St. Louís!

## October 19-21, 2018 Featuring 10 hours of CE Including 2.5 Pharmacology Hours The Chase Park Plaza Hotel

212 North Kingshighway St. Louis, MO 63108 877~587~2427

Stay at the beautiful and historic Chase Park Plaza Hotel! This hotel is located within walking distance from numerous restaurants, cafes and shops. Bring your family and enjoy a relaxing weekend with nurse anesthetists in St. Louis!

Hotel Reservations

Room reservations must be made by <u>September 19</u> to receive a room rate of \$169/night. Please inform the Chase Park Plaza Hotel that you are with the <u>MOANA Fall Conference or group code 1019MOANA</u> by calling 877-587-2427. **Self-Parking:** self-parking is free for attendees with validation. **Valet Parking:** \$30/overnight.

REGISTER ONLINE OR USE THE FORM ON PAGE 10

## FALL MEETING AGENDA



Friday, October 19, 2018			
1800-2000	MoANA Board of Director's Meeting All Members & Students Welcome Lenox Room (Conference Center)		
2030-2230	Welcome Reception – Free for Students, \$25 for CRNAs and Guests - Empire Room		
	<b>October 20, 2018 (6 CEs)</b> vill take place in the Khorassan Main Ballroom on the 1 <sup>st</sup> Floor unless otherwise noted.		
0600-0700	Drop in Yoga – Khorassan Ballroom Start the morning off right! (\$10 donation requested to the PAC.)		
0630-0755	Registration/Continental Breakfast/Exhibitors/ Meet and Greet with the MoANA Board – Khorassan Main/Khorassan West (Exhibits will be open until 14:00)		
0755-0800	Welcome from MoANA President – Khorassan MainJean Covillo, CRNA, MA		
0830-0830	Drug Shortages in Anesthesia – Dr. Bernadette Henrichs, CRNA, PhD		
0830-09:00	Updates in Neuromuscular Monitoring – Dr. Bernadette Henrichs, CRNA, PhD		
0900-1000	CPC Review Anesthesia Monitoring, Equipment, and the Gas Machine – Dr. Tracy Beckham, CRNA, DNAP		
1000-1100	Pharmacogenetics in Anesthesia Practice – Dr. Michael Burns, CRNA, DNAP		
1100-1130	Morning Break & Exhibits - Khorassan West		
1130-1300	Business Meeting & Lunch – Khorassan Main		
1300-1400	Enhanced Recovery and the Perioperative Surgical Home – Dr. Michael Burns, CRNA, DNAP		
1400-1500	Comprehensive Approach to Acute Pain Management – Dr. Michael Burns, CRNA, DNAP		
1500-1515	Afternoon Break		
1515-1615	CPC Review of Airway Anatomy and Difficult Airway Management – Billy Albertson, CRNA, MSA		

Evening PAC Reception – See Box for Details

#### Sunday, October 21, 2018 (4 CEs)

- All Courses will take place in the Khorassan Main Ballroom on the 1<sup>st</sup> Floor unless otherwise noted.
- 0630-0745 Board Orientation Breakfast – Preston Wine Room - all MoANA Board Members should attend Registration & Continental Breakfast -0730-0800 Khorassan Main 0800-0900 Use of TXA in Anesthesia Practice - Scott Broughton, CRNA, MSA 0900-1000 CPC Review of the Renal System - Steve Siebert, CRNA, MSA 1000-1015 Morning Break 1015-1115 Management of CIED/Anesthesia and MTHFR -Angela DeLaria, CRNA, MSA 1115-1145 BNDD and Nurse Anesthesia Practice – Terri Jackson, CRNA, DNAPc 1145-1215 Non-Operating Room Anesthesia - Chris Black, CRNA, MSA 1215-1230 Closing Remarks and Evaluations

### MoANA PAC Event Chase Park Plaza – Empire Room

#### Join us for Dueling Pianos and Auction!

Saturday, October 20<sup>th</sup> 4:30-7:00 p.m. (following conference)

Cost is \$50 for CRNAs, \$25 for SRNAs and \$25 for Spouses/Guests.

Everyone is encouraged to attend this fun event!

MoANA Continuing Education Chair Chris Black, CRNA, MS



2018 Fall Conference Registration Form

## October 19-21, 2018

CRNAs <u>only</u> may register online at <u>www.moana.org</u> <u>Students must register with this form.</u> Please detach & mail to: MoANA Meeting, 205 E. Capitol, Suite 100, Jefferson City, MO 65101 Send with credit card payment to: Fax: 573-636-6899 *or* email: <u>lkroepe@gmail.com</u> Questions? Please call 573-634-8760

NAME (as it is to appear on badge):	AANA#
ADDRESS:	MoANA Member 🗌 Other
CITY, STATE, ZIP:	If Student, program affiliation:
PHONE:	
EMAIL (to receive confirmation):	
EMPLOYER:	

#### **REGISTRATION FEES:**

\*Advance registration must be postmarked or received by e-mail or fax no later than October 5, 2018.

AANA MEM	BER:	After 10/05		NON-MEMI	BER:	After 10/05	
Sat & Sun	O \$350	O \$400		Sat & Sun	O \$450	O \$500	
Sat only	O \$250	O \$300		Sat only	O \$300	O \$350	
Sun only	O \$250	O \$300		Sun only	O \$300	O \$350	
STUDENTS:			707	RETIRED/IN			
		by 10/05 refunde 8 or Onsite - nonr		O \$50 (No e)	CE Credit)		
<b>Registration Fee</b>	Ş	Regist	rants must b	e a CRNA or S	RNA to atter	nd conference.	
Student Sponsor	(\$25) \$	Pleas	e include if y	ou would like	to help spon	sor a student for \$2	5.
Total Enclosed	\$						
MoANA PAC D	ONATION:						
Please chec	k here if you	would like to don	ate \$100 of y	our <u>registrati</u>	<u>on fee</u> to the	e MoANA PAC.	
Donations t	o the PAC ar	e not tax deductib	le, and may	not be reimbu	irsable by yo	ur employer.	
MoANA PAC E	/ENT:						
Yes, I plan to	o attend the	PAC Event.					
			to Moana P	PAC / or separa	ate charge w	vill be processed wit	h cc below.
	PAC entry -						
	PAC entry - \$						
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Signature



## **TREASURER'S REPORT Corry Coopmans**

Hello Friends and Colleagues,

This is an incredibly busy time of year for the MOANA Treasurer and this year has been no exception. Currently we are working our way through the final quarter of 2018 with a financial

picture that "at this juncture" looks very stable. Additionally, we are budgeting for the entire FY 2019. This involves looking at all the projected expenditures for the coming year. Expenses like: putting on the MOANA spring and MOANA fall educational meetings in 2019, budgeting for lobbying and legislative monitoring in Jefferson City, budgeting for the work done by our committees like Government Relations, Public Relations and Educational committees (all of which are the behind the scenes heroes).

We budget for a portion of the MOANA leadership to attend educational conferences in order to serve you better as an organization. We balance this against our sources of MOANA's income. Our income is derived from a portion of your AANA dues that are sent directly to the states, secondly there is income earned from the attendance of the MOANA spring and fall meetings by the membership, lastly there is interest born of the checking and savings balances.

As your treasurer, I am also tasked with managing the organizations securities which we have invested in a mix of stocks and mutual funds through Central Investments Agency in Jefferson City. I meet with Kevin Callaway, our account manager, once a quarter for an update and we rebalance the organizations portfolio when necessary. Inflation, interest rates continue to creep up slowly which causes market fluctuation in the micro and can cause an occasional pull back ("bear market"), currently looking at a two year window we are still in true "bull market". Our investments returns have been consistent over the course of my two years as treasurer.

Lastly, I have broadened my horizons to aid in MOANA's PAC fundraising. I offered a challenge to all Missouri CRNA's to give a new donation of \$99 or more to the MOANA PAC before August 31<sup>st</sup>. In return I would send them a gold laryngoscope pin for the lapel of their lab jacket, suit coat or name badge.

To date, I have sent out 62 of these gold laryngoscope pins to our members! Your response and your concern for the future of Missouri CRNA's has blown me away! A heart felt "thank you" to all those who stepped up and answered my challenge! I absolutely cannot wait for the October 2018 Fall MOANA meeting in St. Louis to see all the glistening gold laryngoscope pins out there in the audience.

## You guys rock!

It's a pleasure to serve the CRNAs of Missouri! Corry Coopmans, MS, APRN, CRNA, USN-R



# From Around the State - Directors' Reports



## DIRECTOR REGION I Mitch Simmons

Hello from Kansas City! As I write this, Missouri in the midst of election season! We will have the task of educating over 60 new legislators about the nurse anesthesia profession! Please take the time to meet with the candidates from your district! Attend their campaign events or invite them to your place of employment so they can personally witness the care CRNAs provide. And make a donation to the MoANA

PAC! We must have allies in Jefferson City!

I would like to publically recognize a very special Region I CRNA! Your current President Jean Covillo will be ending her term in a few short weeks! I have had the privilege to work beside Jean on the MoANA Board for the last two years and cannot begin to explain the time, energy and courage she has shown advocating for Missouri CRNAs. She works tirelessly for our profession, attending meetings with legislators and regulatory boards, taking part in State and National Meetings and reaching out to CRNAs across the State to find solutions to the challenges we face. All the while running a successful business and providing exceptional care to Missouri residents in the Kansas City area! She is someone I have sought out for advice on countless occasions. She always is willing to listen! From the bottom of my heart, thank you, Jean! You're a rock star!

That's all for now! I hope to see everyone in St. Louis in October for the Fall MoANA Conference!



## DIRECTOR REGION I Desiree Mauppins

Jeanie Skibiski, CRNA, DNAP, MoANA Region II, and I are inquiring about Adopt-A-Highway Project. We hope to include Missouri State University School of Anesthesia Students. Estimated for Fall 2018.

Big Thanks to Jeanie Skibiski, CRNA, DNAP for being a great mentor for Region II CRNAs. She continues to be a huge asset to our organization. Jeanie was especially helpful in planning the wine tasting event we are hosting on October 27 to benefit the MoANA PAC. (See page 18 for complete details and registration info!) Everyone is invited, but it is important that you pre-register so we know how many to expect.



### DIRECTOR REGION III Joe Meyerott

Summer has come and gone. Kids are back in school now. CRNAs in our region continue to work hard and protect our profession. Multiple Region III CRNAs attended campaign fundraisers for political allies or future allies.

Look forward to visiting with fellow CRNAs in Saint Louis at the fall MOANA meeting.

# From Around the State - Directors' Reports



### DIRECTOR REGION IV Mike Mueller

Dear Colleagues: As I near the end of my two year term, I want to thank all who responded when I reached out to them for help and guidance to the issues that where presented before the Board. Decision making is made easier when many thoughts and ideas are presented. Whoever wins the next election I'm sure will have the support of the Regions members.

Please remain tuned to the needs of fellow members and remember that MoANA and the AANA is only as strong as the support that the members give. May your careers and your help remain strong and fulfilling. Thank You.



### DIRECTOR REGION V Heather Lobough

Greetings from Columbia. Hope everyone has had a wonderful summer.

We can expect up to sixty new legislators to be elected in November. Let's all do our part in educating them about Certified Registered Nurse Anesthetists. Please meet with your district legislator and build a relationship.

Thank you to all who have donated to the PAC in August and monthly!

I look forward to seeing everyone at the Fall meeting.

Cheers!



# Committee Reports



### **STATE REIMBURSEMENT SPECIALIST'S REPORT** Sheila Ray, DNP, CRNA

*Message/Update from AANA President Bruce Weiner 8/21:* In early July I wrote to the AANA membership about the latest anti-CRNA activities of Novitas Solutions, a Medicare Administrative Contractor (MAC). At the time, Novitas had just released a final draft local coverage determination (LCD) which, if implemented on August 16 as scheduled, would establish policy that would not recognize nurse anesthesia education and preparation, resulting in denials for CRNA reimbursement for facet joint injections in 11 states, the District of Columbia, the Indian Health Service, and the Department of Veterans Affairs. Worse, the LCD would have a terrible impact on chronic pain patients, especially those in medically underserved areas, who rely on CRNAs to manage their pain and provide quality of life.

Today I am happy to share great news with you about the Novitas LCD!

As of this morning (Aug. 16, the proposed implementation date for the LCD), Novitas has posted an official note on its website stating that it is not going to implement the LCD as anticipated. You can view the LCD and official note <u>here</u>. (Please note that first -time visitors to the site need to accept Novitas' terms and conditions before viewing the LCD. Once you accept, you will be directed to the LCD.)

Why, you might ask, did Novitas do a complete about-face less than two months after the final version LCD was released? The answer is simple: The tenacious efforts of the AANA Federal and State Government Affairs staff, staff from other AANA departments, the Board of Directors, and AANA legal counsel made this happen. In particular, our federal advocacy team was instrumental in achieving this result. They tirelessly worked their contacts at the Centers for Medicare & Medicaid Services (CMS), lobbied on Capitol Hill, and exhausted all avenues to exert pressure on Novitas leadership.

It is also important to recognize the contributions of our affiliates, the Council on Accreditation of Nurse Anesthesia Educational Programs (COA) and the National Board for Certification and Recertification of Nurse Anesthetists (NBCRNA), who weighed in on this matter with outstanding letters to Novitas.

Simply stated, the AANA was not going to allow this LCD to take effect without a fight.

However, there is still work to be done. In late August, AANA, NBCRNA, and Novitas leadership will meet in Dallas to begin negotiating a definitive resolution on CRNA reimbursement for pain-management services. During these negotiations, the AANA and NBCRNA will seek provider neutrality for CRNAs and recognition by Novitas of the nonsurgical pain management subspecialty certification (NSPM) as sufficient training for CRNAs to qualify for reimbursement for providing facet-joint injections and other forms of pain management. As always, I will keep you informed of further developments regarding Novitas as they occur.



## MEET OUR NEW STATE PAIN REIMBURSEMENT SPECIALIST!

Wallace Ralston, CRNA, DNP

Wallace Ralston has been a practicing CRNA since 2004. In 2009, he completed his DNP at UMKC and in 2018 completed a fellowship in nonsurgical interventional pain management at TCU. In August 2018, Wallace began UMKCs FNP Program, with an expected completion date of 2020. He is presently a CRNA at Truman Medical Center in Kansas City Missouri. Part of his responsibilities at TMC include being a clinical professor for TMC's School of Nurse Anesthesia. Since 2014, he has chaired three DNP SRNA research projects a year and teaches a Doctoral level epidemiology course in collaboration with UMKC. Wallace also enjoys working in solo CRNA practices in rural Missouri and Kansas several times a month.

Advancing pain reimbursement has become an emerging need as pain management demand and practice has expanded. Several Medicare Administrative Contractors have issued problematic local coverage determinations (LCDs), and some private insurance companies have issued policies that limit or restrict CRNAs from providing pain management services.

Members of the CRNA pain management community recently approached the AANA expressing an interest to proactively address these reimbursement and practice issues by partnering with the state association and the AANA. At the September 9, 2017, Board of Directors Meeting, the Board approved the recommendation to add opportunity for state associations to add a pain reimbursement specialist to their State Reimbursement Specialist (SRS) program.

# **Committee Reports**



#### **EDUCATION REPORT** Chris Black, MS, CRNA

Registration is open for the MoANA 2018 Fall Meeting: <u>www.moana.org</u>

IF YOU WOULD LIKE TO PRESENT AT A FUTURE MEETING, OR IF YOU WOULD LIKE TO SEE CERTAIN TOPICS COV-ERED AT THE MOANA MEETINGS, PLEASE CONTACT CHRIS BLACK AT

cmb4642@gmail.com.

I hope to see you at the Chase Park Plaza Hotel in St. Louis on Oct. 19th-21st.



### GOVERNMENT RELATIONS REPORT Kristen Richter, CRNA

Hello, everyone! We are going to be gearing up for another great advocacy day!!! This year we have learned there is a new PAC called Physician Led Anesthesia Care PAC. Knowing about

this means there may be some legislation coming up on which we will want to take a definite stand. Please start contacting your legislators now to begin building those relationships and letting them know who we are and what we do! And, as always, your help is appreciated! Contact me if you're interested in helping. I look forward to seeing everyone at the upcoming fall meeting.

Are you friends with a Missouri Senator or Representative? If so, let me know! Please e-mail me at <u>govrela-tions@moana.org</u> or let the MoANA lobbying group know by calling 573-634-8760

2019 Dates:

- January 29, 2019—Legislative Reception (for CRNAs and Legislators) at the Capitol Plaza Hotel

- January 30, 2019 Advocacy Day (for all SRNAs and CRNAs)



# REPORT FROM THE FEDERAL POLITICAL DIRECTORMike Nichols, DNAP, MSNA, CRNAMark your calenPresident Elect and Former FPD for MOANAMark your calen<br/>the 2019 AANA



Mark your calendars now for the 2019 AANA Mid-Year Assembly on April 6-10. Cassandra Decker (third from left) has now taken over as Federal Political Director.

The AANA Mid-Year Assembly is designed to prepare nurse anesthetists to effectively advocate on Capitol Hill for protecting and advancing CRNA practice and reimbursement.

## PLAN AHEAD: National CRNA Week 2019

National CRNA Week is the AANA's annual celebration of anesthesia patient safety and the nation's 49,000+ Certified Registered Nurse Anesthetists and student registered nurse anesthetists who safely and cost-effectively provide approximately 40 million anesthetics each year. Known as National Nurse Anesthetists Week as recently as 2014, the new name for this popular event helps patients, hospital administrators, healthcare professionals, policy-makers, and others become more familiar with the CRNA credential and the exceptional advanced practice registered nurses who have earned it.

# The next National CRNA Week is January 20-26, 2019



## IMPORTANT TAX INFORMATION

Please know that \$75 of your MoANA state membership dues is used for lobbying/political purposes and is not tax deductible.



PAC UPDATE Angela Delaria, MS, CRNA Chair of the PAC Committee



Hello fellow CRNAs!

I hope this issue of Airway finds you well and enjoying the summer. The board and PAC have been hard at work fundraising for the upcoming elections in November. We have a lot of new candidates and it is more important than ever to start building rapport with them.

Our big fundraising effort was the regional challenge! This contest ended on September 1 and Region I took the win! In October at our fall meeting, we will be hosting another fantastic event! We will have a full dueling piano show at The Chase!

It is not the traditional live auction, but instead an evening of entertainment and fun. An opportunity to socialize and catch up with old classmates or colleagues. Please consider joining us. We had a blast in Kansas City and I think this event will top it!



## Mark your Calendar!

October 20th in the Empire Room at the Chase Park Plaza Hotel. St. Louis, MO Donations benefit the MoANA PAC and are not tax deductible. CRNAs—\$50, Guests and Students—\$25 Bring the family to this 5-star rated entertainment event!

PUTTING THE FUN In THE PAC FUNDRAISER:

## DUELING PIANOS





## JOIN US FOR FUN: DUELING PIANOS This is an interactive show—bring a guest!

ST. LOUIS ON SATURDAY, OCTOBER 20th, it will begin at 4:15 PM (or immediately following the general session) in the Empire Room of the Chase Park Plaza Hotel.

\$50 donation from CRNAs, \$25 for Guests and Students

IT WILL BE A GREAT NIGHT!!

Donations to the MoANA PAC may also be made online at <u>www.moana.org</u> Donations to the PAC are used for political donations and are not tax deductible.





# Wine Tasting Event for the MoANA PAC

The Vineyard Market 1759 W. St Hwy J Ozark, Missouri Sat., Oct. 27, 2018 2:00-4:00 P.M.



Click HERE to Register!

Students \$35.00 per person CRNAs & Others \$50.00 per person Includes: A Flight of Wine (three glasses of wine for tasting), charcuterie, and a wonderful atmosphere to meet, greet, and discuss the future for MoANA & our profession.

Check out the review!

https://www.news-leader.com/story/news/local/ozarks/2018/08/23/food-good-wine-vineyardmarket-ozark-missouri/1061927002/

## What the MoANA PAC Does—and Doesn't Do

The MoANA Political Action Committee or PAC is a familiar name to many CRNAs. Possibly because you were contacted recently and asked for a contribution! Handing over your hard-earned money is never easy; and frankly, it is not especially easy to ask for money either. So what does the PAC do that makes it worthy of your donations? Here is a little info:

What the MoANA PAC Does

- Helps candidates who are CRNA-friendly and candidates we want to be CRNA-friendly. Missouri has term limits and that means constant turnover and constant campaigns. Campaigns are incredibly expensive. Many candidates simply could not afford to run for office without help from individuals and groups.
- Gives opportunity for lobbyists and CRNAs to educate legislators and candidates about CRNAs and how CRNAs are educated and trained. Legislators come from a variety of backgrounds and relatively few have worked in healthcare. The educational process is an on-going and constant effort.
- Helps CRNAs get involved in politics, when they otherwise do not have the time or interest to get involved. Let's face it: saving lives and giving excellent anesthesia care is more important to CRNAs than following the election throughout the state. That is understandable! Your PAC donations allow you to focus on anesthesia so others can focus on politics and keep you informed.

What the PAC Doesn't Do

- The PAC doesn't buy votes. It is not "dirty politics" or unethical. The donations the MoANA PAC makes are reported to the Ethics Commission regularly as required by law. Many professions have PACs that represent their political interests just as the MoANA PAC represents the interests of CRNAs.
- The work of the PAC doesn't end. See the bullet points above describing what the PAC does. CRNAs have been practicing for over 100 years. You give quality anesthesia care that is cost effective throughout the state. Legislators who make laws related to your practice need to this and know the value of your services to the citizens of Missouri. That is the mission of the PAC. Let's keep the PAC strong. Let's go for another 100+ years.

# SUPER JOB!

Region I wins the State PAC challenge!

	1121 Member		
Totals	CRNAS	31-Aug	Average per member
Region I	246 - 22%	14435	58.68
Region II	212 - 19%	3570	16.84
Region III	173 - 15%	6265	36.21
Region IV	366 - 33%	5509	15.05
Region V	124 - 11%	6669	53.78
		36448	





## AANA Foundation Student Advocate Program

Please help recognize the AANA Foundation Student Advocates for Missouri.

These 4 students deserve STATE & NATIONAL recognition for their commitment to their individual universities, but also to MISSOURI and the AANA FOUNDATION.



Desiree Mauppins, CRNA **AANA** Foundation State Advocate for Missouri desireemauppins@yahoo.com 417-350-8923



Laura Kohler, SRNA Webster University Nurse Anesthesia Program





Kelly Riechers, SRNA Missouri State University School of Anesthesia



Danielle McCurdy, SRNA Truman Medical Center School of Anesthesia



Kara Battig, SRNA Barnes Jewish College -Goldfarb School of Nursing Nurse Anesthesia Program

## Student Emergency Educational Grant Fund

Due to the impact of multiple natural disasters in 2017 and 2018, the Foundation had an unprecedented level of emergency student aid requests. Since November, the Board approved emergency funding of \$188,000 to 92 applicants. NBCRNA made a very generous donation of \$50,000 to the student emergency fund while also challenging CRNAs and SRNAs to donate to the effort with an additional \$50,000 in matching funding. To date, donations from CRNAs and SRNAs gualify for \$41,813 of the additional \$50,000 NBCRNA match. Thank you to all who have held fundraisers and promoted this effort within their state and programs!

The AANA Foundation Missouri Student Advocates raised over \$1000.00 and the NBCRNA matched it 1:1.

Missouri State Advocates ---KELLY, DANIELLE, LAURA, & KARA RAISED \$10,000 for the Student Emergency Educational Grant Fund.



The AANA Foundation's Rise Above Campaign total cash and pledges to date total more than \$1,300,000.

Thank you to all of you who have donated to the Rise Above Campaign.

If you have not given, but are interested, please go to the following website to donate. http://crnasriseabove.org/

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## Going to AANA Annual Congress? Check out Back Bay Bash!

The 2018 Annual Congress Fundraiser will be held in Boston at McGreevy's - America's First Sports Bar. Tickets include dinner, drinks, dancing, and entertainment - DJ Pearce playing your favorites and hosting lip sync battles. Get a group together from your state or program, and plan your outfits and practice your lip sync moves. Contact Luanne Irvin to reserve a song. lirvin@aana.com



<u>Purchase tickets</u> when you register for 2018 Nurse Anesthesia Annual Congress. Ticket price is \$250 for CRNAs and \$125 for

SRNAs. A limited number of After 9 pm Student Tickets will be available for \$25 (cash bar).

# Advocate of the Year Award Hooray for Desiree!

## 2018 Award Winner

The Advocate of the Year Award is presented to an AANA Foundation Advocate for outstanding commitment to the nurse anesthesia program through individually supporting the AANA Foundation and encouraging others to do the same.



## The 2018 Advocate of the Year recipient is Desiree Mauppins, BSN, MSN, CRNA, APRN from Missouri.

Mauppins graduated in 2001 from the University of Central Arkansas with her Bachelors degree in nursing. After working as a Registered Nurse until 2014, she entered graduate school at Missouri State University where she went on to receive her Masters Degree in Nurse Anesthesia in 2016.

Desiree's commitment is apparent by her abundant involvement and contributions to nurse anesthesia. Desiree was an active member of the inaugural group of the AANA Foundation Students Advocates in FY18. Mauppins currently serves on the Missouri Association of Nurse Anesthetists Board as the Region II Director.

The creative ideas that Desiree brings to the table have allowed for additional funds to be raised for the AANA Foundation to benefit nurse anesthesia education and research. Desiree is also a member of the RISE Above Steering Committee that has raised pledges over \$1.3 million dollars to support health services research.

As a State Advocate, she has engaged students at all four of the nurse anesthesia programs in Missouri while securing a Student Advocate at each program. Desiree's commitment is apparent by her abundant involvement in the Student Advocate program for the AANA Foundation and passion to engage those around her to share in these programs.

## **COMMUNICATIONS FROM SCHOOLS OF NURSE ANESTHESIA**



BARNES-JEWISH COLLEGEGoldfarb School of Nursing at Barnes-Jewish College, St. Louis, MOBernadette Henrichs, PhD, CRNA, CCRNDirector, Nurse Anesthesia ProgramGoldfarb School of Nursing

This fall brings a new class of students to our program and we are excited for them to start their road to becoming CRNAs! The fall season always brings excitement as I feel it is the best time of year! The weather is beautiful and the temperature is perfect. Our program is buzzing with activity. The Class of 2019 started the program on Friday, August 24 with a day of orientation followed by a welcome picnic given by the Class of 2019. The new students are: Joseph Balassi, Mathew Gielow, Emily Imhoff, Khatera Najrabi, Adrienne Nations, Elvira Sayfutdinova, Lindsey Schurter and Brandon Ufert.

Some of the students attended the Nurse Anesthesia Annual Congress in Boston, MA this past September. The students received donations from CRNAs and anesthesiologists who helped to make it financially possible for them to attend. Mr. Craig Schadler participated in the College Bowl and Alex Mohrmann was our backup student. We were very proud and happy that they volunteered to represent our program! Mr. Bradley Uding will receive the 2018 AANA Student Excellence Award at the Student Luncheon on September 24. Congratulations, Brad! I was invited to give an oral presentation on "*Short on Drugs: What it Means for You and Your Patient*".

One of our senior students was able to go on a mission trip to the Dominican Republic this past January. It was an excellent, educational experience and plans are being made to send two senior students next year.

Graduation for the Class of 2018 will be held on Saturday, December 15, 2018. The morning ceremony will be held at 9:30 am at Powell Symphony Hall in St. Louis. At 2:00 pm, the Nurse Anesthesia Program will hold its ceremony at the College on Duncan with a reception following the ceremony. All are invited. Those graduating include: *Kara Battig, Aaron Demler-Barth, Alyssa McClellan, Alexander Mohrmann, Elizabeth Quillen, Craig Schadler and Bradley Uding. Congratulations to the soon-to-be CRNAs!* 



Left: Aaron Demler-Barth on a mission trip in January.

Below: Senator Nasheed (center) meets with attendees on Advocacy Day.

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## **MISSOURI STATE SCHOOL OF ANESTHESIA** Missouri State School of Anesthesia, Springfield, MO Program Director: Monika Feeney, DNAP, MS, CRNA

19 students graduated with their DNAP degree from Missouri State School of Anesthesia in May. 19 completion students also graduated. Also in May, 26 new students began their DNAP journey. MSU School of Anesthesia second year students completed their year of didactic and started clinicals in June. MSU School of Anesthesia graduates completed over 3000 hours of clinical time, and over 1000 cases each! Those numbers were so large that the NBCRNA contacted the school to verify that they were correct! (Anything over 900 is verified) Our school continues to be proud of our clinical time, even as the didactic load has increased tremendously. Our completion program continues to grow for CRNAs that are interested in getting their terminal degree. Nine classes, 27 credit hours, will allow a CRNA to complete the DNAP degree (Doctor of Nurse Anesthesia Practice). For more information on the completion program, contact Linda Tinson, 417-836-5039, LindaTinson@missouristate.edu.

Mercy Springfield requested that MSU School of Anesthesia begin an RNFA (Registered Nurse First Assist) Certificate program which we are launching this fall. Five classes have been approved for a 9 credit hour certificate to allow baccalaureate prepared nurses to sit for the RNFA exam. It is a distance program, with two weekend onsite class periods. In the near future certification will be required to bill for FA (First Assist) services. Pass the info along to your OR RNs if they are interested. We would love to have them in the program. For more information contact, Dr. Cindy Aurentz, 417-836-3069, cynthia120@missouristate.edu.



Above: MSU Faculty

Right: MSU grads pose with faculty







### WEBSTER UNIVERSITY

## Webster University Nurse Anesthesia Program, St. Louis, MO Assistant Program Director: Jill Stulce, PhD, CRNA

Hello Missouri CRNAs!!! I hope you all are having a wonderful summer!!

A lot is happening at the Webster University Nurse Anesthesia program. We enrolled our first DNAP cohort this summer. All is going well with them and they already have one term under their belts.

Our second years just finished up their research course and have a jump start on their Master's thesis work. They are all very excited to start four days/week of clinical experiences.

Our third years are wrapping up their research and preparing for their thesis defenses. One group has already successfully defended their work. Many are beginning their job search and are excited to be in the last leg of their degree. We are all very proud of all of them! Such a great cohort. The faculty along with the third years are preparing for the AA-NA Annual Congress this year in Boston. At this meeting we have the privilege of showcasing some of their research posters.

Hope to see you at the Fall MoANA meeting!







## **TRUMAN MEDICAL CENTER SCHOOL OF NURSE ANESTHESIA** Truman Medical Center School of Nurse Anesthesia, Kansas City, MO Program Director: Amber Davies, CRNA, DNP

Each year, summer is a bittersweet time as we said congratulations to 15 DNP graduates and welcomed 18 new SRNAs. As I prepared for graduation this year, I am continually amazed at

the accomplishments our graduates. Check out these standout statistics of the Class of 2018. Together they hold 22 bachelor's, 1 master's, and (now) 15 doctorate degrees; their combined critical care nursing experience is robust at 73 years. They provided anesthesia care for 24,000 hours to nearly 15,000 patients. We are grate-ful to the many clinical sites and CRNAs that seek opportunities to challenge our students and provide excellent clinical experiences!

I am proud to report on some recent student achievements:

- Junior students Courtney Bivins, Sam McDonnell, Josh Mobley and Ashley Schepis led our program to a 3<sup>rd</sup> consecutive MoANA College Bowl victory (see photo on page 27.)
- Chelsea Hand ('18) was awarded the Program Administrator's Outstanding Student Scholarly Project Award,
- Sara Myers ('18) was awarded Student of the Year, and
- Sarah Niemann ('18) had an Evidence Based Practice Project Abstracts accepted for publication in the IS-JNA.

We have some great events lined up for fall! Our 21st Annual Fall Anesthesia Conference is Saturday, September 8 and will feature hands-on difficult airway sessions. The keynote speaker will be Thomas Baribeault, MSN, CRNA, and Founder of The Society for Opioid Free Anesthesia. We are also offering Anesthesia Crisis

Resource Management and ACLS/BLS recertification courses on Friday, September 7. You may register for these events by phone (816-404-1127) or online (trumed.org/nurseanesthesia).

We hope to see you this fall! To keep up with our program, be sure to follow us on Facebook @ facebook.com/tmccrna.









## **TMC Champions**

Junior students at the Truman Medical Center School of Nurse Anesthesia, Courtney Bivins, Sam McDonnell, Josh Mobley and Ashley Schepis led the TMC program to a 3<sup>rd</sup> consecutive MoANA College Bowl victory. The College Bowl was held on Friday, April 6th and is planned to be a regular event at the MoANA Spring Meeting. Corry Coopmans, CRNA, served as MC of the event and kept the crowd entertained.

## DISCLAIMER

Publication of an ad does not constitute endorsement of either the advertiser or the advertisement by the Missouri Association of Nurse Anesthetists

## **ADVERTISING INFORMATION**

# THE AIRWAY

## SIZE/PRICE

Publisher ready copy in electronic format and payment in full is required for all advertisements (checks made payable to "Missouri Association of Nurse Anesthetists").

#### THE AIRWAY Ads

 Full Page (8.5" x 11")
 \$250.00

 Half Page (vertical or horizontal)
 \$150.00

 Quarter Page
 \$75.00

